

## What will happen now?

You can have some time to think about whether you want to see a worker...

... If you would like to, a worker will come and see you to meet up and plan together what you would like to do...

... We will work through things together. We are here to help!

Always talk,  
don't hide your  
thoughts!  
**TALK!**



If you want to talk to someone you can call one of the Children's Team on this number: 01482 396368

This number can be used from 9am - 5pm Monday to Thursday and 9am - 4.30pm on Friday.

If you want to talk outside of these times you can call childline on 0800 11 11.

**IF YOU ARE IN DANGER ALWAYS  
DIAL 999.**



**DVAP  
CHILDREN'S  
SERVICE**

SUPPORTING CHILDREN WHO HAVE BEEN  
AFFECTED BY DOMESTIC VIOLENCE



**EAST RIDING**  
OF YORKSHIRE COUNCIL

## WHAT IS THE DVAP CHILDREN'S SERVICE?

The DVAP children's service offers support to children who have experienced domestic violence. If you are four years old or older (up to 16) we can offer help if you want some one to talk to, someone to listen, some advice, or just some time to think. It's up to you what we talk about in sessions.

"It's nice to have someone outside of the family to talk to about everything."

"I felt like a bottle of fizzy coke that was gonna explode talking to my worker helped the fizz go away."

## HOW CAN THE DVAP CHILDREN'S SERVICE HELP ME?



Some people like to talk about their thought and feelings...

"I find it easier to draw about my feelings."

sometimes we play games or use cards to help us understand feelings you may be having...



...some people like to draw out how they are feeling inside...

"I enjoyed working with my worker and the activities thank you for helping me."

...we can write or read different stories...



...and we can help you keep a track of how things are going for you.

"I liked my worker coming to see me we did nice things and I could talk to her when I felt sad."