

**SERVICES WANT TO HEAR
FROM YOU AND ARE READY
TO LISTEN AND HELP YOU.**



**Scan this code for
contact details of
local services**

DOMESTIC ABUSE...

**Isn't just between people in a relationship; ex-partners
and other family members might put you at risk.**

**Isn't just physical, it can be emotional, sexual or
financial. Recognise the signs and reach out for help.**

**Services are here to support men,
women, transgender and children.**

GET HELP WHERE YOU LIVE NOW

East Riding of Yorkshire

Client Confidential Helpline 01482 396330

Domestic Violence and Abuse Partnership (DVAP)

Operational Team 01482 396368

If out of hours, please call 01482 393939

East Riding of Yorkshire Council Safeguarding Adults Team

(SAT) 01482 396940

**For information on support in other areas of the Humberside
Police Force Area go to www.youarenotalone.online**

**If you are in immediate danger, call 999 and ask for the police. If
you can't speak, press 55 on your mobile or remain silent on
your landline while the operator is on the line.**