



**Safeguarding
is everybody's
business**



Self-Neglect Factsheet

The Basics

- A wide range of behaviour neglecting to care for one's personal hygiene, health or surroundings and includes behaviour such as hoarding.
- This type of neglect can be either intentional or non-intentional and can result from any mental or physical illness that has an effect on your physical abilities, energy levels, attention or organisation skills or motivation.

Signs and Symptoms

- A refusal or inability to cater for basic needs, including personal hygiene and appropriate clothing.
- Neglecting to seek assistance for medical issues.
- Not attending to living conditions – letting rubbish accumulate in the garden, or dirt to accumulate in the house.
- Hoarding items or animals.
- Lack of essential food, clothing or shelter
- Living in squalid or unsanitary conditions
- Unkempt appearance

Reporting Concerns

- If you think someone is in immediate danger from Self Neglect please call the Police **999** or for non-emergency **101**
- If you're worried about a situation or someone you know who might be suffering Self-neglect in the East Riding of Yorkshire please call:
East Riding of Yorkshire Safeguarding Adults Team on **01482 396940** (Mon-Thurs 9am – 5pm, Fri 9 am-4.30pm) or **(01377) 241273** (out of hours)
or email safeguardingadultsteam@eastriding.gov.uk

Legislation

- The Care Act 2014 recognises self-neglect as a category of abuse. This means that people who self-neglect may now be supported by safeguarding adult approaches, including Making Safeguarding Personal as well as receiving more support from practitioners who have legal powers, such as:- Fire & Rescue, Environmental Health, Housing, Mental Health Services, Local Authority.

For further details about the work of the East Riding Safeguarding Adults Board visit www.ersab.org.